

Validus

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Validus:
strong / mighty / powerful / healthy
robust / able

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Indicative fee schedule

NB: Surgical fees are free of Goods and Services Tax (GST); hospital fees attract GST of 10%. All prices are in Australian dollars.
Validus recommends prospective patients confirm all fees and costs pertinent to their individual requirements and procedures prior to engaging services.

Procedure	Specialist	Facility	Cost	Inclusions	Extra charges (if applicable)
Vitrectomy Surgery	Assoc. Prof. Ian McAllister	St John of God, Subiaco	\$13,250 per eye	<ul style="list-style-type: none"> Operating theatre costs One over-night stay in hospital in a private room Pharmaceutical costs Anaesthetic costs Consultation and tests 	<ul style="list-style-type: none"> \$1,250 per night for extra nights stayed in the hospital \$125 per night for friend or relative over-night stay \$575 if silicone oil used during surgery \$375 if heavy liquids used during surgery
Retinal Detachment Repair Surgery Scleral buckle	Assoc. Prof. Ian McAllister	St John of God, Subiaco	\$10,700 per eye	<ul style="list-style-type: none"> Operating theatre costs One over-night stay in hospital in a private room Pharmaceutical costs Scleral buckle Anaesthetic costs Consultation and tests 	<ul style="list-style-type: none"> \$1,250 per night for extra nights stayed in the hospital \$125 per night for friend or relative over-night stay
Cataract Surgery	Assoc. Prof. Ian McAllister	Lions Eye Institute Nedlands WA (day case only)	\$9,125.50 per eye	<ul style="list-style-type: none"> Operating theatre costs Intraocular lens Pharmaceutical costs Anaesthetic costs Consultation and tests 	Not applicable
Vitrectomy and Laser Surgery	Assoc. Prof. Ian McAllister	St John of God, Subiaco	\$13,250 per eye	<ul style="list-style-type: none"> Operating theatre costs One over-night stay in hospital in a private room Pharmaceutical costs Anaesthetic costs Consultation and tests 	<ul style="list-style-type: none"> \$1,250 per night for extra nights stayed in the hospital \$125 per night for friend or relative over-night stay \$460 if silicone oil used during surgery \$300 if heavy liquids used during surgery
Vitrectomy/Retinal Detachment and Laser Surgery	Assoc. Prof. Ian McAllister	St John of God, Subiaco	\$13,250 per eye	<ul style="list-style-type: none"> Operating theatre costs One over-night stay in hospital in a private room Pharmaceutical costs Anaesthetic costs Consultation and tests 	<ul style="list-style-type: none"> \$1,250 per night for extra nights stayed in the hospital \$125 per night for friend or relative over-night stay \$575 if silicone oil used during surgery \$375 if heavy liquids used during surgery

About Validus

Validus coordinates and provides a wide range of personalised services to international patients and healthcare professionals seeking priority access to world-class healthcare systems and facilities in Perth, Western Australia.

We understand patients' and healthcare professionals' requirements and provide a gateway to effective and seamless medical and administrative solutions.

Validus

Validus International Health Services Management

Ophthalmology

.....a gateway to effective and seamless OPTHALMOLOGY medical services.

The Lions Eye Institute



The Lions Eye Institute (LEI) in Perth, Western Australia, is the largest eye research institute in the southern hemisphere. Its research teams lead the world investigating cataract, diabetes, glaucoma, retinal degenerations, artificial cornea and laser and gene therapies.

Each year LEI provides specialist clinical services to 40,000 patients from throughout Australia and the world. Its internationally renowned surgeons perform around 3000 complex eye operations annually. Ophthalmologists abroad seek specialty medical training at LEI and return to their region with a higher level of skill.

Since 1983 the Lions Eye Institute has supported community services aimed at early detection and prevention of blinding eye disease.

Its speciality services include:

LASIK (Refractive Surgery) / Day Surgery (Cataract & Plastic Surgery) / Comprehensive Eye Examinations Laser Surgery (Diabetic Retinopathy & Macular Disease) / Glaucoma / Ocular Diagnostic Testing Retinal Conditions.

www.lei.org.au

Specialist profile

Assoc. Prof. Ian McAllister
MBBS FRANZO FRACS

Assoc. Prof. McAllister undertook training in Western Australia with additional sub-specialty training in vitreo-retinal disorders in the USA. He is Director of Clinical Services at Lions Eye Institute and is currently a consultant ophthalmologist at Royal Perth, Sir Charles Gairdner and Princess Margaret Hospitals. Assoc. Prof. McAllister is actively involved in research for cures for vitreo-retinal disorders, especially retinal vascular disorders and has held four NHMRC grants in this area. He has been involved for many years in state-wide diabetic retinopathy screening and treatment services and co-ordinates and reviews photographs from diabetic screening in remote parts of Western Australia. Assoc. Prof. McAllister is currently Vice Chairman of the Ophthalmic Research Institute of Australia and has been Chairman of the Research Board for many years.

Assoc. Prof. McAllister specialises in Vitreoretinal Surgery, Retinal Vascular Disease, Diabetic Retinopathy, Macular Degeneration, Ocular Trauma.



Australia is ranked second by the World Health Organisation in terms of healthy life expectancy. This highlights the quality of healthcare available, resulting from education, research and infrastructure.

An explanation of some of the areas of Assoc. Prof. McAllister's specialisation follow:

Diabetic retinopathy

Diabetic retinopathy is a complication of diabetes in which the blood vessels inside the eye are damaged. Diabetes damages the retinal blood vessels in several ways. In the early stage, blood vessels may become leaky, allowing blood and fluid to seep into the retina. This leakage can cause the delicate retinal tissue to become swollen which blurs vision. As the blood vessel damage continues, some of the vessels close. This starves the retina of oxygen and nutrients which are needed for it to function properly and provide clear vision.

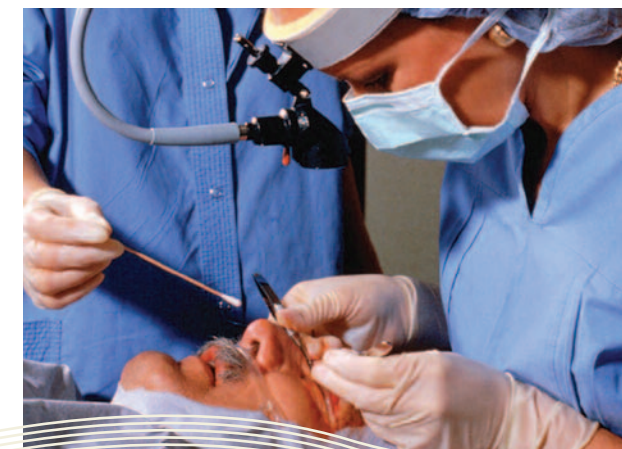
Laser treatment uses a high-energy light beam which can be precisely focused on the retina. This seals leaking blood vessels or removes areas of the retina which have stopped working because their blood supply has closed. Laser treatment is used in some cases of background retinopathy and in all cases of proliferative retinopathy.

Macular degeneration

Macular degeneration is a condition in which the delicate macular tissue is damaged and ceases to function properly. If abnormal blood vessels develop, the laser may be used to seal the vessels in order to prevent or limit bleeding. Laser treatment does not cure macular degeneration but may slow the rate of vision loss.

Cataract & Plastic Surgery

Surgery is the only way to remove a cataract. Although it is a common misconception, lasers are not used to remove a cataract.



How cataract surgery is performed

Cataract surgery is performed in the hospital operating theatre with local anaesthesia, although occasionally general anaesthesia is preferred. The cataract is removed using a microscope and miniature instruments. In most cases, an intraocular lens is implanted in the eye to restore the focusing power of the natural lens. If an intraocular lens is not implanted, cataract glasses or a contact lens will be needed after surgery. Most patients go home from the hospital on the day of surgery, although some prefer an overnight stay.

What you can expect after surgery

The bandage will be removed from the eye on the day after surgery. Eye drops will be needed for several weeks. Occasionally, tablets are needed if the eye pressure is high. The amount of physical activity allowed after surgery is variable. The eye may be slightly red and tender, but severe pain is not to be expected. Depending on the preference of your surgeon, stitches may need to be removed from the eye several weeks after surgery. This can be done painlessly in the office.

Visual recovery is variable. Some patients see very well a few days after surgery, while for others improvement may take several weeks. A change in glasses is generally made several weeks after surgery. Most patients still need glasses after cataract surgery for some activities, particularly reading.

Potential risks and complications of cataract surgery

Cataract surgery is generally very safe. However, as with any surgical procedure, occasional complications do occur and a good result cannot be guaranteed. Your vision after surgery will depend on the health of the eye.

Normally observed side effects include:

- Pain - mild discomfort or irritation is usual for a few days after surgery. Severe pain is unusual and can indicate the presence of high pressure in the eye or infection.
- Light sensitivity and glare - as the dark cataract is replaced with a perfectly clear implanted lens, more light can get into the eye after surgery. It may take some time to adjust to this. One advantage of this is that colours can seem much brighter than they were before.